



**2022  
Girls Volleyball Handbook**

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\*Subject to change

[NCAA RULE BOOK](#)

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[All WNY-Scholar Athlete LINK](#)

**NCAA RULE BOOK**

## Girls 2022 Sports Standards

1. Rules: NCAA
2. Maximum Number of games: 24
3. First practice: August 22
4. Practice Requirements: Number of practices to represent school: 6 (individual)
5. First scrimmage: August 29
6. Scrimmage limitations per day: 1 scrimmage
7. First contest: August 29
8. Nights rest between contests: 1 night
9. Individual contests limitation per day: 3 matches/ day or 15
10. Season ends: October 25

## Volleyball Rules

1. Waivers of NCAA Volleyball Rules:
  - a. Two score keepers are permitted with a home score book as the official score book. (Feb. 2008)
  - b. With MMHSAA approval, the use of lines people during league play may be waived. (This has been approved by MMHSAA).
  - c. Teams can warm-up behind or adjacent to the court during the warm-up period. (May 2005)
  - d. If uniform specifications are not compliant, these procedures will be followed:
    - i. Notify the coach of the team at fault of the violation. The team will attempt to legalize the uniform of the team member(s) in question.
    - ii. If the uniform fault cannot be legalized, meet with the opposing coach to determine whether a protest will be filed.
    - iii. If no protest is filed at this time, no future protest will be accepted on this issue.
    - iv. If no protest is filed, follow the protest procedure and play the match.
    - v. The libero uniform is exempt from this modification.
2. The time length of all time outs is 60 seconds. (Aug. 2009)
3. Waiver of rule 1.5.4 – referee stand in Boys and Girls Volleyball.
4. Waive the NCAA Challenge Review System. (July 2016)
5. Boys Volleyball - The use of NCAA Volleyball Rules with the same modifications used in girls' volleyball beginning in the fall of 2009. (Jan. 2009)
6. Boys Volleyball - A player may touch the opponent's court with hand(s) or feet, provided some part of the hand(s), foot/feet remain either in contact with or directly above the centerline, and the penetration does not interfere with the opponent's play.
7. Boys Volleyball - For boys' competition, the height of the net from the center of the court is 7' 11 5/8". (Aug. 2011)
8. Boys Volleyball - Allow the use of two liberos: (Oct. 2020)
  - a. The team must designate at the beginning of the match if they are using 2 liberos. The team can only use those two designated players as liberos for the entire match. Teams will follow the NCAA rules when using one libero.
  - b. Only one libero can serve during the set.
  - c. Only one libero may be on the court at any time.
  - d. The libero may be designated as a captain.
  - e. The replacement player may replace and be replaced by either libero.
  - f. The acting libero can only be replaced by the player whom he replaced (for that position) or by the second libero.
  - g. If one libero cannot continue to play due to injury or illness the team will play the rest of the match with one libero. If the remaining libero cannot continue to play due to injury or illness the libero may be replaced.

- h. If one libero is disqualified due to unsportsmanlike behavior the team will continue the set without the use of any liberos. The second libero may be used in the subsequent sets.
- 9. Boys Volleyball - Libero uniform waiver through the 2018 season. (Oct. 2015)
- 10. Boys Volleyball - Allow Section VI a one-year pilot program to play the 5th set to 15 points with teams switching at 8 points. (July 2016)
- 11. Boys Volleyball – Warm time procedures: Five minutes of shared time; five minutes of visiting team – full court serving; five minutes home team – full court serving; five minutes of visiting team full court hitting; five minutes of home team full court hitting. (May 2019)
- 12. Girls & Boys Volleyball – Waiver of NCAA court striping (Rule 1.2.2.1); the interrupted solid boundary line. (May 2019)

**NYSCHSAA Volleyball Rules:**

- 1. Girls Volleyball - A Match shall consist of sets in a best of 3 out of 5 formats, all 25-point games; Boys abide by NCAA rules for 5 set games. Dual and Tri-matches are consistent with the definition of a match. Each day of a tournament shall count as one (1) contest.
- 2. Girls Volleyball - A tournament is 4 or more teams that participate in a pool play and bracket format is not a match. A bracket can consist of best 2 out of 3 or single set rounds. Scoring options are starting at 0-0 or 4-4 going until 25 points or a cap. The total number of tournament games played in one day shall not exceed fifteen (15) games. An additional 15- point game is permitted only to break ties in pool play to advance to finals as per tie- breaking procedures.
- 3. In tournament play, volleyball teams shall have at least ten-minutes of rest between matches.
- 4. All games will be played according to NCAA Rules with all games played to 25-points.
- 5. Teams will be permitted eighteen (18) substitutions and will switch at 13-points in the deciding game.
- 6. Boys Volleyball – When there are three teams in a division, if during Championship pool play, the teams each win one set (July 2019):

**MMHSAA PLAYOFFS**

Note: Start times for MMHSAA contests are standardized; however, if a legitimate need for a time change arises within a school, a request must be submitted in writing to the executive director 48 hours before the final scheduled league match. Afterwards, time changes will be considered only in extenuating circumstances and must be approved by the executive director and the sport chairperson.

10/27/2023 semi-finals at highest seed

11/3/2023 Finals at highest seed

11/12/2023 - Buffalo Hosting girls VB states TBD

**Volleyball Rules Changes - 2022-23**

**3-1-3 PENALTY, 4-2 PENALTY 3:** Adds language allowing state associations to determine the appropriate action/penalty when padding requirements are not met and a team does not have six legal uniforms. **Rationale:** Clarifies that state associations have the authority to determine the action and/or penalty(s), if necessary, to address these issues.

**4-1-6:** Allows hair adornments provided they are securely fastened and do not present a safety hazard while eliminating the length limitation of 2 inches for bobby pins, flat clips and flat barrettes. **Rationale:** Creates inclusivity of hair styles while maintaining that the risk of injury to the athlete, teammates and opponents should not be compromised.

**4-2-1f:** Eliminates the manufacturer logo/trademark/reference restrictions on the waistband **ONLY** of the uniform bottom. **Rationale:** Allows for multiple and eliminates size restrictions of manufacturer logos/trademarks/references on the uniform waistband **ONLY**, minimizing issues related to illegal uniform bottoms.

**5-6-3b, e; 5-7-3e:** Eliminates the sounding of the audio device when an improper server or an illegal libero replacement is recognized by the official's table and establishes that the official scorer shall notify the second referee during the first dead ball. **Rationale:** Allows the match to continue without interruption until the second referee is notified and can verify the improper server/illegal replacement during the next dead ball.

**7-1-2c (NEW):** Requires the head coach to indicate the playing captain with a "C" next to the player's number on the lineup. **Rationale:** Aligns language in the Case Book and Officials Manual that requires playing captains to be indicated on the lineup.

**11-2-1:** Allows requests for time-outs by the head coach or playing captain to be signaled or verbalized. **Rationale:** Establishes that both verbal and non-verbal signals for a time-out are permitted.

**12-2-5a:** Adds that assistant coaches may stand during a dead ball situation and ask the second referee to verify the number of substitutions used by their team. **Rationale:** Clarifies that assistant coaches may ask the second referee, during a dead-ball situation, for the number of time-outs and/or the number of substitutions used by their team.

## 2022-23 Volleyball Editorial Changes

5-4-1h, 7-1-1 PENALTIES 2 & 3, 5-2-5d

## 2022-23 Volleyball Points of Emphasis

1. Sportsmanship
2. Playable-Non Playable Situations
3. Injury Procedures

### **Reporting of scores and recording statistics**

Scores will be reported using the [MMHSAA Scores reporting form](#). Scores must be reported by the home team immediately following the game. We will be using MaxPreps to track league records and statistics. All coaches are responsible for entering their teams statistics as soon as possible following their league and non-league games.

More MaxPreps Links

App links

<http://support.maxpreps.com/hc/en-us>

<http://www.maxpreps.com/mobile/home.aspx>

Stats to track:

1. Number of sets a player appeared in
2. Serving: attempts, aces, errors
3. Attacking: attempts, kills (points), errors
4. Blocking: stuff blocks for points
5. Setting: assist, assists per set
6. Digging: digs, digs per set

### **Official ball of CHSAA**

The game ball for the NYSCHSAA is the Tachikara Gold – Tri Color (Red/White/Blue), and it must be used for state tournaments.

### **Uniform Information**

The NCAA rule presently states many variances on the volleyball uniform. It is suggested that you carefully read the handbook for all the information. ([Handbook](#))

### **Definition of a Match**

A match consists of sets, best three out of five, all 25-point games. For example, dual and tri matches. A tournament consists of four or more teams that participate in a pool play and bracket format. Bracket can consist of best two of three or single set rounds. Scoring options are starting at 0-0 or 4-4 to 25 points or a cap. Rationale: clarification and time on tournament scoring.

Junior Varsity will play three sets to 25, regardless of outcomes in the first two sets.

Rationale: Allow more playing time for JV players.

### **Letters of Authorization**

Authorization is required from the state association for any special accommodation for an individual player, including a memorial patch on the uniform or any other special circumstance not specifically covered in the rules. It is the responsibility of the school's coach to contact the appropriate staff of the state association to seek the authorization following the established procedure set forth by the respective state association. Appropriate support material and early contact by the school to the state association is expected and prevents confusion when a player shows up and is not in compliance with the rules and not permitted to play by the game officials. It is NOT the responsibility of the officials to seek the authorization. It IS the responsibility of the coach to obtain authorization before the contest and to present such authorization to the officials prior to the start of the match.

### **Definition of a Scrimmage**

A scrimmage is a practice that is a SIMULATED CONTEST. In scrimmages,

(a) both squads use the same field simultaneously, with both coaches making corrections and giving instructions

(b) GAME RULES MUST BE ALTERED

(c) no official score is kept

(d) no admission is charged.

(e) The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of rules. A volleyball scrimmage must include one or more of the following:

1. Each server shall serve three to five consecutive serves, regardless if the point was scored before the other team would get the ball. (rotate)
2. Games would start at point 4 all and end at point 25 or a game could be timed with no point cap

## **Girls Volleyball Participating Teams 2022**

Cardinal O'Hara  
Nardin  
Nichols  
Mt. Mercy  
Mt. St. Mary  
Sacred Heart  
St. Mary's  
Park

### **Coaches' responsibilities for MMHSAA play**

- Read the boys volleyball handbook carefully; it contains a detailed list of coach and school responsibilities.
- EVERY COACH/SCHOOL is asked to:
  - Complete the official league Google Roster form with ALL REQUIRED INFORMATION as soon as teams are finalized.
  - ALL ROSTERS ARE DUE before your first game. Finalized rosters are due by September 17, 2022. Games played without a COMPLETED roster will be forfeited.
- The home team coach in ALL MMHSAA matches is required to submit the score of the game, using the official google score form, immediately following their game.
- All coaches are responsible for reporting any ejections issued to any member of their team using the official google caution ejection form. Make sure referees verify all ejections before they leave the game site.
- Teams should arrive at the site no later than thirty minutes prior to the scheduled match.
- All players must wear jerseys numbered on the front and back, with no duplicate numbers.
- Participating teams must bring:
  - Practice balls. To be secured during the match.
  - Personal towels, locks, med. kit, etc.
- Be responsible for the behavior of all persons listed on your roster. This includes behavior on the bench, in the locker rooms, and anywhere else on the MMHSAA site.

### **Site chairperson responsibilities**

#### General responsibilities

- The site chairperson will
  - Make himself/herself accessible and visible to supervisors, coaches, players, spectators, and officials.
  - Station all supervisory personnel assigned to the match.
  - Greet supervisors at the door and make assignments immediately.
  - Collect the Soccer Admittance Forms from participating teams. No one is to enter the gymnasium unless his/her name appears on the form.
- Assign the following adults:
  - Scorekeeper/timer
  - Announcer
  - Supervisor (if necessary)
- All supervisors are to report to the site chairperson for supervisory assignments. This includes supervisors from both participating teams, as well as the host school supervisors. It is strongly suggested that supervisors wear a ribbon that will make them readily visible and accessible to the crowd and to the site chairperson.

NOTE: MMHSAA will provide ticket sellers/takers for semi-finals and finals at neutral sites. Cooperate with the MMHSAA crew handling the gate/purse for semifinal and final matches.

#### Special responsibilities of the site chairperson

1. The site chairperson will inform participating coaches that there are 30 minutes for pre-game warm-up. No one should take the playing surface sooner.
2. Provisions should be made for a simple flag ceremony or Star-Spangled Banner prior to the match.
3. Starting teams and officials should be introduced to the spectators.
4. Have phone numbers of local ambulance, police, and rescue squad/fire department.
5. Any additional expenses MUST be approved by the executive director PRIOR TO THE EVENT.
6. The MMHSAA will pay officials.
7. Admission policy: There will be an admission charge for the league playoffs, not to exceed \$10

#### Reminders:

- These are located in the NYS Handbook, which is available from your athletic director.
- Only 15 games are allowed in one day at tournaments.
- Single-game tiebreakers in tournaments do not count as part of the 15 per day rule.
- There should be at least 10 minutes rest between matches in tournament play.
- Minimum team practices needed to scrimmage are six and minimum individual practices needed to scrimmage are four.
- Prior to the first contest, six practices and six individual practices are needed.
- Scrimmages must include coaching/instruction in order to be considered scrimmages. Please refer to page 8 for Definition of a Scrimmage.
- The maximum number of matches is 24. Tournaments count as one match. MMHSAA playoffs do not count towards the limit.
- For record keeping purposes, only a completed best-of-three or best-of-five match can be counted towards team/coach win/loss records. Pool play of only two sets and one game playoffs do not count towards overall record.
- The elimination of the use of line people in regular season girls and boys volleyball was approved.

#### **Playoff tournament**

NOTE: Only the top four teams qualify for the playoffs.

10/27/2023 semi-finals at highest seed

11/3/2023 Finals at highest seed

11/12/2023 - Buffalo Hosting girls VB states TBD

#### **Tie-breaking system for seeding**

If teams have identical records, the following criteria will be used to break the tie:

1. Head to head
2. The team with the most league/division wins will be the higher seeded team.
3. The team with the fewest league/division losses will be the higher seeded team.
4. Total sets won head to head
5. Total set won in a division
6. A toss of a coin will determine the higher seeded team.

## **ALL-WNY Scholar Athlete**

Coaches and Athletic Directors are encouraged to nominate athletes for selection to the All-WNY Scholar Athlete in Soccer. Applications must be completed on-line before a date TBD. Coaches should check back during the season. The winners will be honored by the Buffalo News. Click for the [selection criteria and on-line application](#)

## **MMHSAA AED Policy**

Although the New York State legislature may have not gone so far as to make Education Law Section 917 applicable to nonpublic schools, the MMHSAA believes that its member schools should observe the law's requirements as a "best practice" and therefore strongly encourages them to do so. For events that the MMHSAA hosts at neutral sites, there will be AED equipment present as well as people who know how to operate the equipment. For playoff matches at a member school, the member school is responsible for providing the AED. During the volleyball season, it will be the independent responsibility of each school to ensure whether and how the school will observe these best practices relating to AED's.

## **MMHSAA Policies**

### **Policy on Travel to State Competition**

- [Summary for Individual Sports](#)
- Member schools participating in state/federation competition will be responsible for all costs related to that participation.
- Supervision:
- One or more certified coaches are required to travel with the student athletes from their school and must be present on any MMHSAA contracted bus, where the athletes are housed, at the state competition site and all related events.

### **Regulations Regarding Senior All-Star & Outside Agency Contest**

1. All Senior All-Star and Outside Agency contests MUST be approved by the MMHSAA. In addition, Senior All-Star contests must be approved by the MMHSAA. The forms required are posted on the section website\*
2. All Senior All-Star and Outside Agency contests must be conducted within the season dates approved by the MMHSAA Athletic Council for that sport. The calendar of approved season dates for all sports is posted on the section website\*
3. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests.
4. A contestant may participate in any approved senior all star athlete contest in the same sport during the school year. (approved October 24, 2013, MMHSAA Executive Committee Meeting).

NOTE: A senior all-star contest by NYSPHSAA standards is one in which an athlete's participation is based solely on outstanding performance as a member of a high school team. If open tryouts are held, the contest is NOT a NYSPHSAA all-star contest.

### **Contingency Plan for Playoff Competition**

Games hosted by one of our schools

1. Contests hosted by one of our schools will be considered for postponement only if a participating school is officially closed due to weather or illness.
2. It is the responsibility of the athletic director of a host school (or designee) to notify the executive director that the school has been closed due to weather conditions (or illness) as soon as he/she becomes

aware of such action. If the game is canceled, the officials and the media will be notified by the executive director (or designee).

3. In the event that a school is closed on the day its playoff contest is scheduled, the decision to play shall rest with the school principal.
4. In the event that weather conditions reverse themselves prior to game time, the game may be played with the mutual consent of the participating athletic directors and the approval of the sport chairperson.

Games hosted at a neutral site

5. When a contest is at a non-school site (neutral site): If the competition facility and the roads to that destination are open, then the competition will go on as scheduled. If the roads are closed or the facility is closed, then the competition will be canceled. If a school is closed, the executive director of the MMHSAA will communicate with the school to determine if the game can be played as scheduled. Under NO CIRCUMSTANCES is a site contracted by MMHSAA available for practice when a competition is canceled.
6. The sport chairperson will notify the executive director of any postponements.
7. PLEASE NOTE: It is up to the MMHSAA schools to recognize the potential for snow days, power outages, etc., that may cause cancellations and problems. The MMHSAA schools should schedule their last league contest at least one or two days prior to the playoffs, allowing for a make-up of league contest(s) prior to the playoffs if necessary.

### **Sportsmanship Philosophy**

1. We believe that interscholastic athletics is an important part of education and support the ideals and values embodied in good sportsmanship.
2. We believe that sportsmanlike behavior is essential if interscholastic competition is to contribute usefully and constructively to the broad goals of education and to the quality of life of those involved.
3. We pledge ourselves individually and collectively to encourage and support the development and maintenance of a sportsmanlike atmosphere for athletic competition.

### **Code of Conduct Philosophy**

1. A genuine interest in and enjoyment of interscholastic competition requires conduct that reflects the understanding that contests as a part of an overall school program are intended to be enjoyed. Behavior that reflects a winning-at-all-costs attitude violates this standard.
2. Interscholastic competition provides valuable lessons and learning experiences that are not possible in the regular classroom setting. All involved must support the need to develop the ability to compete with enthusiasm and to accept winning with grace and losing with dignity.
3. Coaches, players, and fans should know that participation is an honor and privilege which requires them to conduct themselves in a manner that brings honor and pride to their school and community.
4. Respect for the cultural and ethnic diversity of one's opponents, their school, and community is a fundamental tenet of wholesome athletic competition. This standard suggests that planned activity is needed to demonstrate a warm and friendly welcome, mutual respect, and a genuine readiness to participate in a sportsmanlike manner.
5. Players should demonstrate both knowledge of the rules and respect for game officials and their decisions. Coaches and school officials have the responsibility to teach and encourage these attributes.

### **Sportsmanship Pledge**

The New York State Catholic High School Athletic Association and the Monsignor Martin High School Athletic Association requires that game administrators, school administrations and officials enforce a ZERO TOLERANCE POLICY for athletes, coaches, and spectators. They will not tolerate negative statements of actions between opposing players, especially abusive language, trash talking, taunting, or baiting of opponents. If such comments are heard or actions seen, a penalty will be assessed immediately. Spectators are reminded

that "The fee paid to gain admission to this Monsignor Martin High School Athletic Association event does not entitle you to:

- a. berates officials;
- b. question the coach;
- c. make negative comments toward either team;
- d. display inappropriate behavior

The playing field is an extension of the classroom. Please practice good sportsmanship."

This announcement stands as the official warning and the ZERO TOLERANCE POLICY is posted at the entrances to today's game.

### **Jewelry Rule**

JEWELRY RULE - No jewelry, which includes visible body piercing objects, shall be worn in a sport. Any piece of jewelry that is visible at the start of or during a contest is in violation of the MMHSAA Jewelry Rule. Religious medals must be taped to the body and under the uniform. Medical medals must be taped to the body so they are visible. Soft, pliable barrettes are permissible, body gems are not. The use of metal hair fasteners to secure hair is permissible in Girls Gymnastics. NOTE: The sports of Bowling and Golf are exempt from this rule. Wristwatches are permitted in cross country and in practice only for track and field. Hair restraints, to control a competitor's hair, are permitted in track and field and cross country. (Dec. 2010)

New (August 2022)

Students will now be permitted to wear jewelry in cross country, track & field, swimming & diving, tennis, softball, baseball, volleyball (stud earrings), and gymnastics (stud earrings). As in previous years, the wearing of a medical alert with the alert visible continues and is encouraged for purposes of risk minimization.

Rationale: The wearing of jewelry ordinarily presents little risk of injury to either the competitor or opponents. Elimination of the rule allows officials to focus on meet administration directly related to competition. Coaches continue to have the obligation to see that competitors are properly equipped.